



# The Secret Truth<sup>©</sup>

Wisdom Companion

## *The Premise and the Promise*

Ancient Wisdom Voiced by the Greatest Messengers in History

A Compilation by

Barry Lewis Green, The Unity Guy<sup>™</sup>



BARRY  
OBWAN  
Karaoke



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**CORE MESSAGE**

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Thanks for your courtesy, and interest.

Barry Lewis Green, aka The Unity Guy™

# The Premise of *The Secret Truth*©



I have been involved in the personal and professional development field for almost 30 years now, and I am about to share an observation that may or may not rock the field of study. No one is saying *anything* new.

Please understand that I have the greatest and deepest respect for the leaders in the field who are helping with the transformation of individual and collective lives. That is indeed a work of service and requires real talent and genuine commitment. Many are doing great work, providing new and accessible “slants”. Still, all that I have heard from others, and have said in my own body of work, speaks clearly and loudly to some very ancient truths.

The ancient wisdom *is* at its core.

Back in May of 1992, I wrote a simple, personal poem that I called *The Secret Truth*©

## *The Secret Truth*©

Upon a hill, a warrior stood,  
And gazed upon creation.  
All he saw, he knew was good,  
And that good brought forth salvation.

He thought a moment “Why am I here...  
And how is life unfolding?”  
A voice inside spoke “Do not fear,  
For what you seek God’s holding.”

It speaks to my bias, *self-admittedly*. I believe that the wisdom we teach in our collective work of performance enhancement and life enrichment all stems from this ancient wisdom. I am Baha’i and my Faith tells me that Abraham, Zoroaster, Moses, Buddha, Krishna, Jesus Christ, Mohammed, The Bab, Baha’u’llah and countless other “divine Messengers” lost in antiquity... they all spoke to what is truth in how we live and live with each other. If you have a faith or not, I hope you enjoy the wisdom contained herein... and note the common thread shared amongst the contributions of these perspectives.

We are one. Peace.

Barry Lewis Green  
The Unity Guy™  
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He should not wish for others that which he doth not wish for himself,  
nor promise that which he doth not fulfill.

*Baha'i Faith*

Hurt not others in ways you find hurtful.

*Buddhism*

Therefore all things whatsoever you desire that men should do to you,  
do you even so unto them; for this is the Law and the Prophets.

*Christianity*

Try your best to treat others as you would wish to be treated yourself,  
and you will find that this is the shortest way to benevolence.

*Confucianism*

As ye have faith, so shall your powers be...

*Baha'i Faith*

The One God is hidden in all living things.

*Hinduism*

All beings long for happiness. Therefore extend thy compassion to all. He who  
wishes his own happiness, let him cultivate goodwill towards all the world.

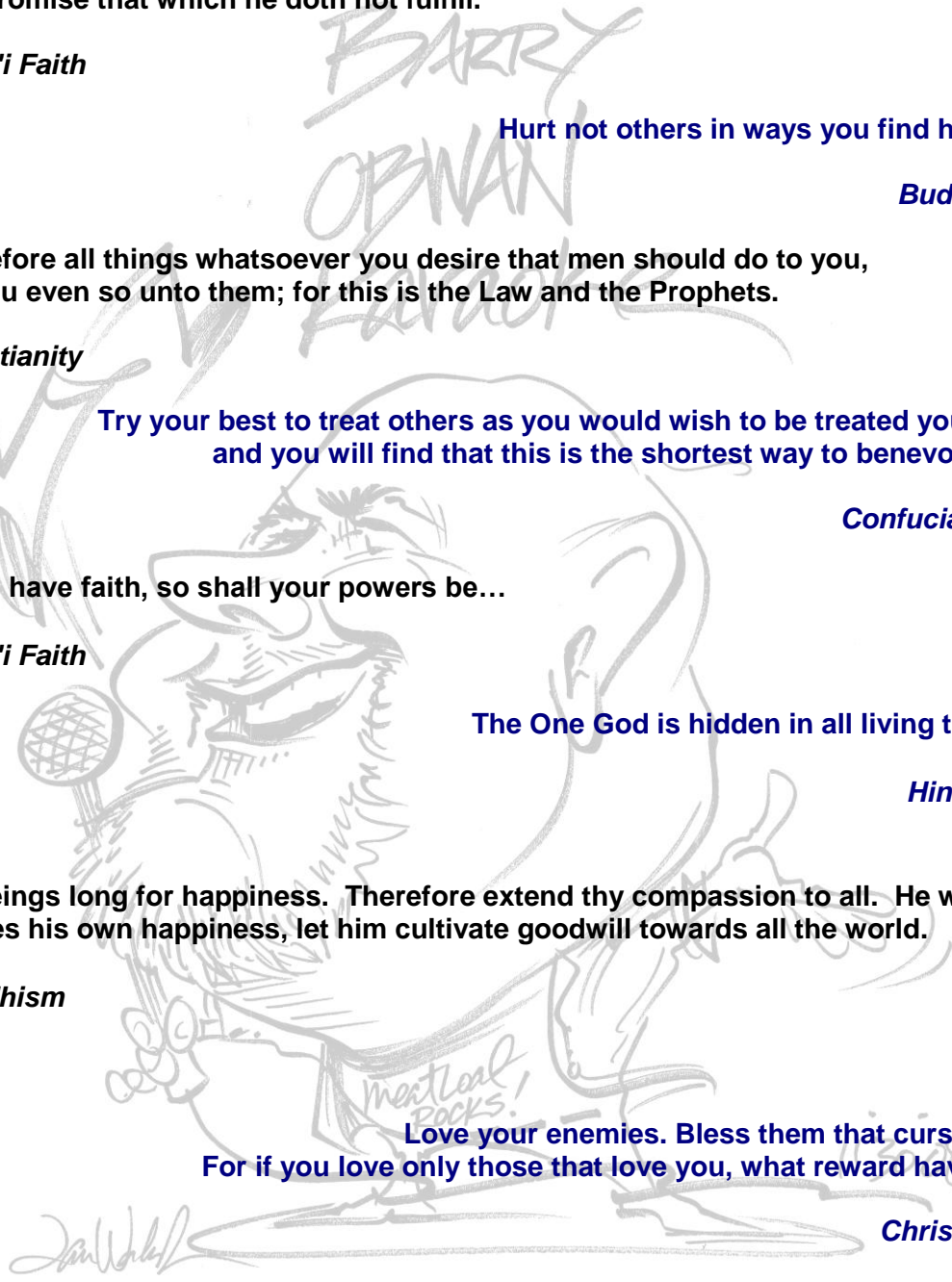
*Buddhism*

Love your enemies. Bless them that curse you.  
For if you love only those that love you, what reward have ye?

*Christianity*

What is hurtful to yourself do not to your fellow man. That is the whole of the  
Torah and the remainder is but commentary.

*Judaism*



This is the sum of the Dharma: do not unto others  
that which would cause pain if done to you.

*Hinduism*

Not one of you is a believer unless he desires for his  
brother that which he desires for himself.

*Islam*

Tzu-Kung asked: "Is there one principle upon  
which one's whole life may proceed?"  
The Master replied, "Is not Reciprocity such a principle?  
...what you do not yourself desire, do not put before others."

*Confucianism*

Fear not them which are able to kill the body but not able to kill the soul.

*Christianity*

A soul will not die.

*Islam*

All creatures are members of the one family of God.

*Islam*

Human beings, all, are as head, arms, trunk, and legs unto one another.

*Hinduism*

One thing we know. All men are brothers.

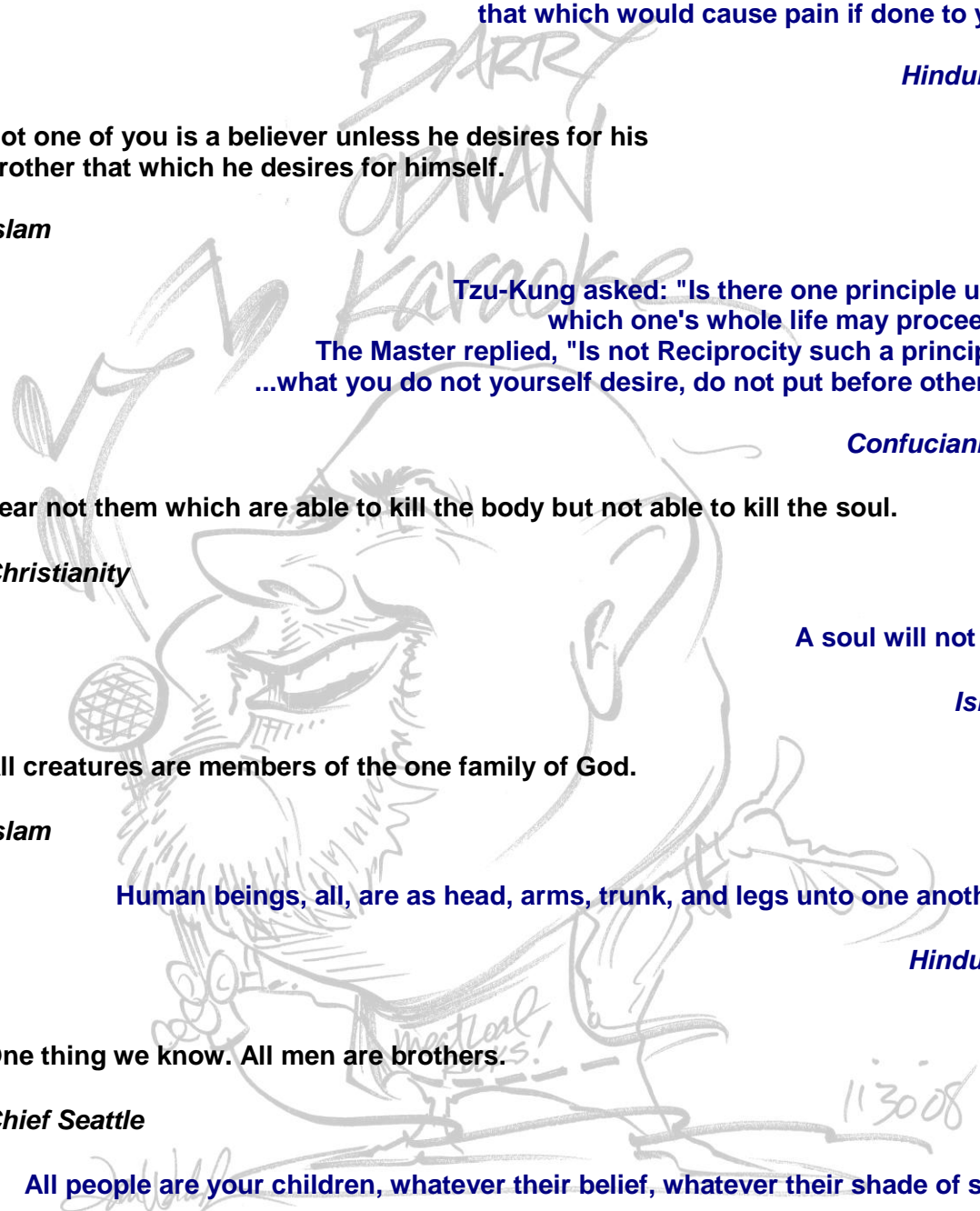
*Chief Seattle*

All people are your children, whatever their belief, whatever their shade of skin.

*Judaism*

Judge everybody favorably.

*Judaism*



All animals have power because the Great Spirit dwells in all of them.

*Lame Deer, Sioux Chief*

The Kingdom of God is within you.

*Christianity*

God hath made of one blood all nations that dwell upon the face of the Earth.

*Christianity*

A man should wander about treating all creatures as he himself would be treated.

*Jainism*

All things are our relatives; what we do to everything, we do to ourselves.  
All is really One.

*Native American Black Elk*

The sage has no interest of his own, but takes the interests of the people as his own. He is kind to the kind; he is also kind to the unkind: for Virtue is kind. He is faithful to the faithful; he is also faithful to the unfaithful: for Virtue is faithful.

*Taoist*

That nature alone is good which refrains from doing unto another whatsoever is not good for itself.

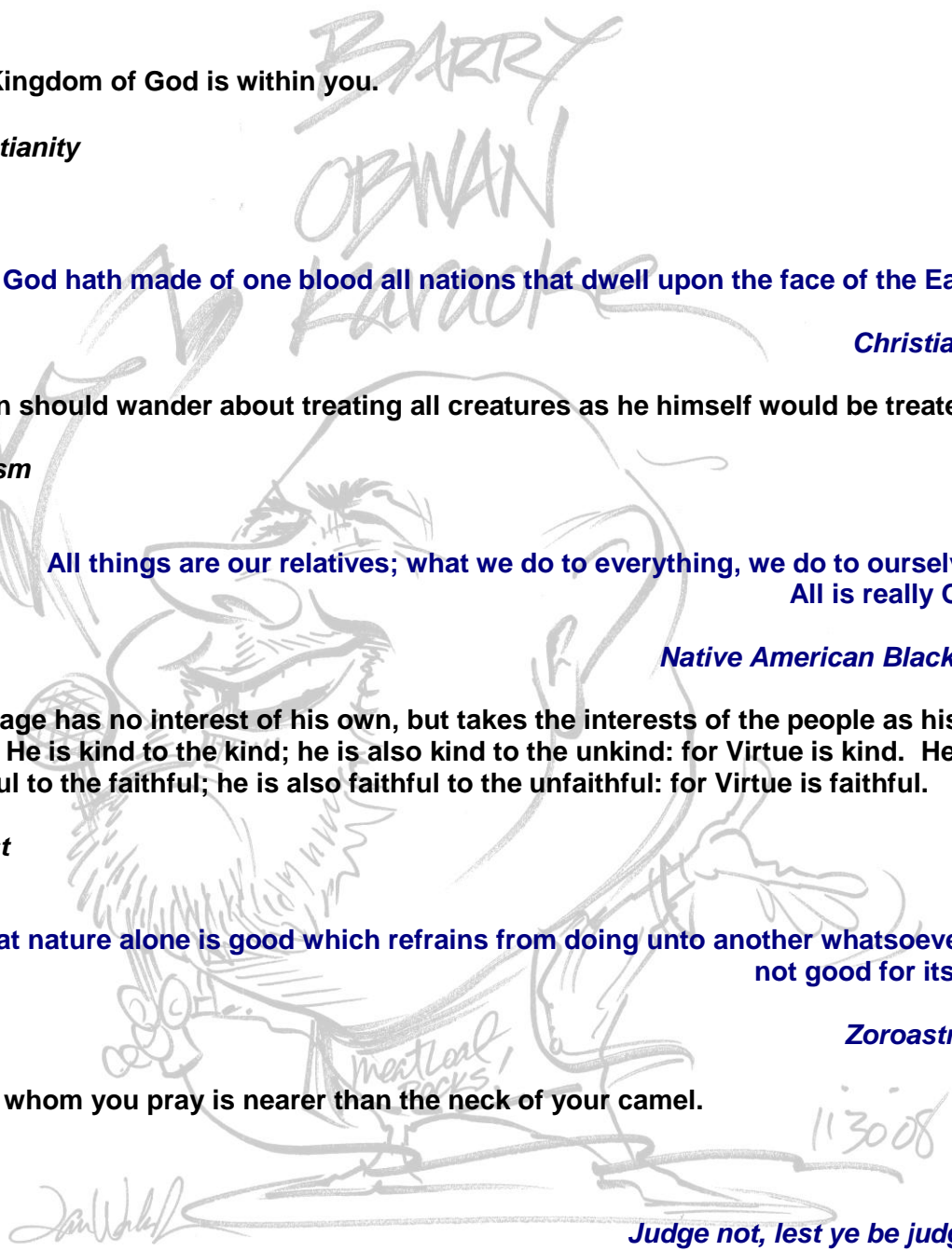
*Zoroastrian*

He to whom you pray is nearer than the neck of your camel.

*Islam*

Judge not, lest ye be judged.

*Christianity*



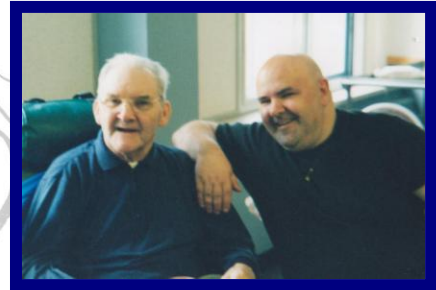
# The Promise of *The Secret Truth*©

I dedicate this E-Book to one of my most spiritual legs of this journey I have been on... my walk with my father as he and I experienced his journey with Alzheimer Disease. To hear this story, simply go to my You Tube channel at [www.youtube.com/barrylgreen](http://www.youtube.com/barrylgreen). To read it, check out *Heartprints*© at the Shop page of [www.theunityconnection.com](http://www.theunityconnection.com). Suffice it to say, it was a path that started very rocky, with me asking myself the most non-spiritual of questions... "Why me?". I say this because that simple 2-word question is loaded. It implies and assumes that there is something wrong with "me".... that "I" did something to deserve this... that "this" was bad, and a punishment. I must tell you that that premise led me to many arguments with my father... about his "reality" versus mine. I wanted and prayed that he "get better". I wanted and prayed that this "not happen".

Then, "it" happened.

The kind of "it" that changes your world, your existence... not by changing what is happening around you but by changing how you see it all. This is *nothing* trivial.

I awoke one morning realizing my "path" was one of service and that I had not been living it. My father needed me (as I had, so often, needed him) to walk with him on his path, and my unwillingness to walk where he went caused us to argue... over what!? I woke that morning understanding that our journey is to serve, in our work and in our lives. That is not to imply that we should have no boundaries. It does mean that, as we concern ourselves with others, we concern ourselves with ourselves. When our concerns are on others, we love more and worry less. We shift our focus.



Over that time, I re-discovered service and I re-commenced a path on the search for deeper and deeper truth. That search continues to serve me as my father has passed on to the next world, and I have become a greater contributor to my work, my community and my life. Have I made it? Hah! There is no final destination. *Perfection* does not exist. *Perfecting* does.

Through all of this, I become increasingly aware of *The Secret Truth*©.

Our journeys are personal and crucial. My personal journey has told me that the more I acquaint myself with the core Writings and Teachings and Prayers of the world religions and faiths, the more I realize their core truth and that maybe, just maybe, there is some absolute truth, in how we relate to one another and find our way. As a Baha'i, I am aware that it is our individual responsibility to investigate truth. As a life-long seeker on the path to better living and working, I am reminded of the promise... "seek and ye shall find..."

Happy seeking and living and working.

B.L.G.